

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Block Killian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14					Heat:4, starttime: 14:40
Heat: 4/17 Lane : 7 Athlete: MAASKANT ALBIN					Q-time: 02:47:96
PB (50m pool): 02:54.40 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 02:47.96 SB: 02:54.40 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.43	01:23.48	02:13.78	02:54.40	
	00:38.43	00:45.05	00:50.30	00:40.62	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:9, starttime: 15:46
Heat: 9/14 Lane : 3 Athlete: NABIULLIN MAX					Q-time: 01:10:93
PB (50m pool): 01:12.68 Antwerpen 08/03/2026 PB (25m pool): 01:10.93 SB: 01:12.68 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M			
PB	00:33.96	01:12.68			
	00:33.96	00:38.72			
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:12, starttime: 15:51
Heat: 12/14 Lane : 6 Athlete: NABIULLIN TIM					Q-time: 01:07:60
PB (50m pool): 01:08.49 Antwerpen 08/03/2026 PB (25m pool): 01:07.60 SB: 01:08.49 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M			
PB	00:32.63	01:08.49			
	00:32.63	00:35.86			
					

Coach feedback:

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Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:9, starttime: 16:46	
Heat: 9/15 Lane : 3 Athlete: WEGENER LENA							Q-time: 05:26:35	
PB (50m pool): 05:26.35 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 05:36.20 SB: 05:26.35 Zwembad Brigitte Becue 26/04/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.56	01:17.33	01:59.10	02:41.16	03:23.56	04:05.77	04:46.95	05:26.35
	00:36.56	00:40.77	00:41.77	00:42.06	00:42.40	00:42.21	00:41.18	00:39.40
								

Coach feedback: